



GEDEON RICHTER

Your Patient's **SEXUAL HEALTH**



- Correct use of hormonal contraceptive care helps to prevent unintended pregnancy however they **do not protect** against **sexually transmitted infections** ⁵⁻⁹
- The incidence of **sexually transmitted infections (STIs)** are on the rise in Ireland ¹⁰
- STIs are passed on from infected partner(s) during unprotected sex including **vaginal, anal & oral sex** ¹¹
- Most STIs have **no obvious symptoms**, so your patient may not be aware that they or their partner(s) is infected ¹¹
- Certain STIs can cause **long-term health problems** if they are **not treated**, such as infertility, complications in pregnancy and pelvic inflammatory disease ¹¹

Advise your patient to reduce the risk of contracting an STI by:

- **Using condoms correctly**
- **Limiting the number of sexual partners** your patient has – the more partners one has, the greater the chance of coming into contact with an infected person
- **Talking to your patient** about STIs & practicing safer sex
- **Advising your patient to get regular sexual health check-ups** including STI screening, smear tests & being breast aware

SEXUAL HEALTH